FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
L	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* TILDEN BRADLEY D					<u>AL</u>	2. Issuer Name and Ticker or Trading Symbol ALASKA AIR GROUP INC [ALK]								Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last)	(Fii	, i	Middle	e)		3. Date of Earliest Transaction (Month/Day/Year) 03/12/2010								X Office below	cer (give title w)		Other (s	specify		
ALASKA AIRLINES INC														PRESIDENT, ALASKA AIRLINES						
19300 INTERNATIONAL BLVD					4. If a	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)	Street)														X Form filed by One Reporting Person					
SEATTL	LE W.	VA 98188												Form filed by More than One Reporting Person						
(City)	(St	ate) (Zip)																	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
, , , , , , , , , , , , , , , , , , ,		2. Transacti Date (Month/Day	Year) i	Execution		Date,	3. Transaction Code (Instr. 8)		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			d Secu Bend Own		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership					
									Code	v	Amount	(A) or (D)	Price	Repo Tran	owing orted saction(s) r. 3 and 4)	(Ins	tr. 4)	(Instr. 4)		
COMMON STOCK				03/12/2010				S		3,507	D D	\$40.42	.66	10,374		D				
COMMON STOCK				03/12/2010				M		2,993	A	\$31.	8	2,993		D				
COMMON STOCK 03/1				03/12/20	010				S		2,993	D	\$40.50	54	0		D			
COMMON STOCK(1)														34,744		D				
COMMON STOCK ⁽²⁾													3,407			ESOP TRUST				
		Т	able	II - Deriva (e.g., p								f, or Ben tible secu		y Owne	d			,		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execu	eemed ution Date, , th/Day/Year)	4. Transac Code (I 8)			rivative curities quired or posed D)	6. Date E Expiratio (Month/D	n Da		7. Title and Amou of Securities Underlying Derivative Securit (Instr. 3 and 4)		of Derivativ Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	ly I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount or Number of Shares							
EMP STOCK OPTION (RT TO BUY)	\$31.8	03/12/2010			M			2,993	01/30/200	02	01/30/2011	COMMON	2,993	\$0	0		D			

Explanation of Responses:

- 1. STOCK UNITS AWARDED UNDER THE 2004 LONG-TERM INCENTIVE EQUITY AND 2008 PERFORMANCE INCENTIVE PLANS; SUBJECT TO FORFEITURE.
- 2. SHARES HELD IN AN ALASKA AIR GROUP, INC. EMPLOYEE STOCK OWNERSHIP 401(K) PLAN TRUST AS OF DECEMBER 31, 2009.

KAREN A. GRUEN,
ATTORNEY IN FACT FOR
BRADLEY D. TILDEN

03/16/2010

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).