

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549

OMB APPROVAL  
OMB number: 3235-0145  
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hours per response

....14.90  
SCHEDULE 13G

UNDER THE SECURITIES EXCHANGE ACT OF 1934

(AMENDMENT NO. 7) \*

Alaska Air Group Inc.

-----  
(Name of Issuer)

Common

-----  
(Title of Class of Securities)

011659109

-----  
(CUSIP Number)

Check the following box if a fee is being paid with this statement [ ]. (A fee is not required only if the filing person: (1) has a previous statement on file reporting beneficial ownership of more than five percent of the class of securities described in Item 1; and (2) has filed no amendment subsequent thereto reporting beneficial ownership of five percent or less of such class.) (See Rule 13d-7).

\*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

SEC 1745 (2/95)  
<PAGE

Page 1 of 3PAGE>

CUSIP No. 011659109

13G

Page 2 of 3

-----  
NAME OF REPORTING PERSON

1 S.S. OR I.R.S. IDENTIFICATION NO. OF ABOVE PERSON  
The Capital Group Companies, Inc.  
86-0206507

-----  
CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP\*

2 (a) [ ]  
(b) [ ]

-----  
SEC USE ONLY

3

-----  
CITIZENSHIP OR PLACE OF ORGANIZATION

4 Delaware

-----  
SOLE VOTING POWER

5  
NUMBER OF 0

SHARES	-----
BENEFICIALLY	6 SHARED VOTING POWER
OWNED BY	NONE
EACH	7 SOLE DISPOSITIVE POWER
REPORTING	186,040
PERSON	-----
WITH	8 SHARED DISPOSITIVE POWER
	NONE
-----	
9	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON
	186,040 Beneficial ownership disclaimed pursuant to Rule 13d-4
-----	
10	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES*
-----	
11	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW 9
	1.4%
-----	
12	TYPE OF REPORTING PERSON*
	HC
-----	

\* SEE INSTRUCTIONS BEFORE FILLING OUT!

PAGE Page 2 of 3 pages

Page 3

SECURITIES AND EXCHANGE COMMISSION  
Washington, DC 20549

Schedule 13G  
Under the Securities Exchange Act of 1934

Fee enclosed [ ] or Amendment No. 7

Item 1(a) Name of Issuer:  
Alaska Air Group Inc.

Item 1(b) Address of Issuer's Principal Executive Offices:  
19300 Pacific Highway  
South Box 68947  
Seattle, WA 98188

Item 2(a) Name of Person(s) Filing:  
The Capital Group Companies, Inc.

Item 2(b) Address of Principal Business Office:  
333 South Hope Street  
Los Angeles, CA 90071

Item 2(c) Citizenship: N/A

Item 2(d) Title of Class of Securities: Common

Item 2(e) CUSIP Number: 011659109

Item 3 The person(s) filing is(are):  
(b) [ ] Bank as defined in Section 3(a)(6) of the Act.  
(e) [ ] Investment Adviser registered under Section 203 of  
the Investment Advisers Act of 1940  
(g) [X] Parent Holding Company in accordance with Section  
240.13d-1(b)(1)(ii)(G).

Item 4      Ownership

- (a) Amount Beneficially Owned:  
See item 9, pg.2
  - (b) Percent Class: See item 11, pg.2
  - (c) Number of shares as to which such person has:
    - i) sole power to vote or to direct the vote See item 5, pg.2
    - ii) shared power to vote or to direct the vote
- None
- iii) sole power to dispose or to direct the disposition of  
See item 7, pg.2
  - iv) shared power to dispose or to direct the disposition  
of None - beneficial ownership disclaimed pursuant to  
Rule 13d-4

Item 5      Ownership of 5% or Less of a Class: X

Item 6      Ownership of More than 5% on Behalf of Another Person: N/A

Item 7      Identification and Classification of the Subsidiary Which  
Acquired the Security Being Reported on By the Parent Holding  
Company

- (1) Capital Research and Management Company is an Investment  
Adviser registered under Section 203 of the Investment  
Advisers Act of 1940 and is a wholly owned subsidiary of  
The Capital Group Companies, Inc.

Item 8      Identification and Classification of Members of the Group: N/A

Item 9      Notice of Dissolution of the Group: N/A

Item 10     Certification

By signing below, I certify that, to the best of my  
knowledge and belief, the securities referred to above were aquired in  
the ordinary course of business and were not acquired for the purpose of  
and do not have the effect of changing or influencing the control of the  
issuer of such securities and were not acquired in connection with or as  
a participant in any transaction having such purpose or effect.

Signature

After reasonable inquiry and to the best of my knowledge  
and belief, I certify that the information set forth in this statement is  
true, complete and correct.

Date: September 8, 1995

Signature:      /s/ Larry P. Clemmensen

Name/Title:    Larry P. Clemmensen, Executive Vice President/PFO  
The Capital Group Companies, Inc.